

The background features large, stylized green letters 'F' and 'N' on a red background. The 'F' is on the left and the 'N' is on the right, both rendered in a thick, rounded, sans-serif font. The letters are partially obscured by the text in the center.

Fiction & Nonfiction



You're
enough.

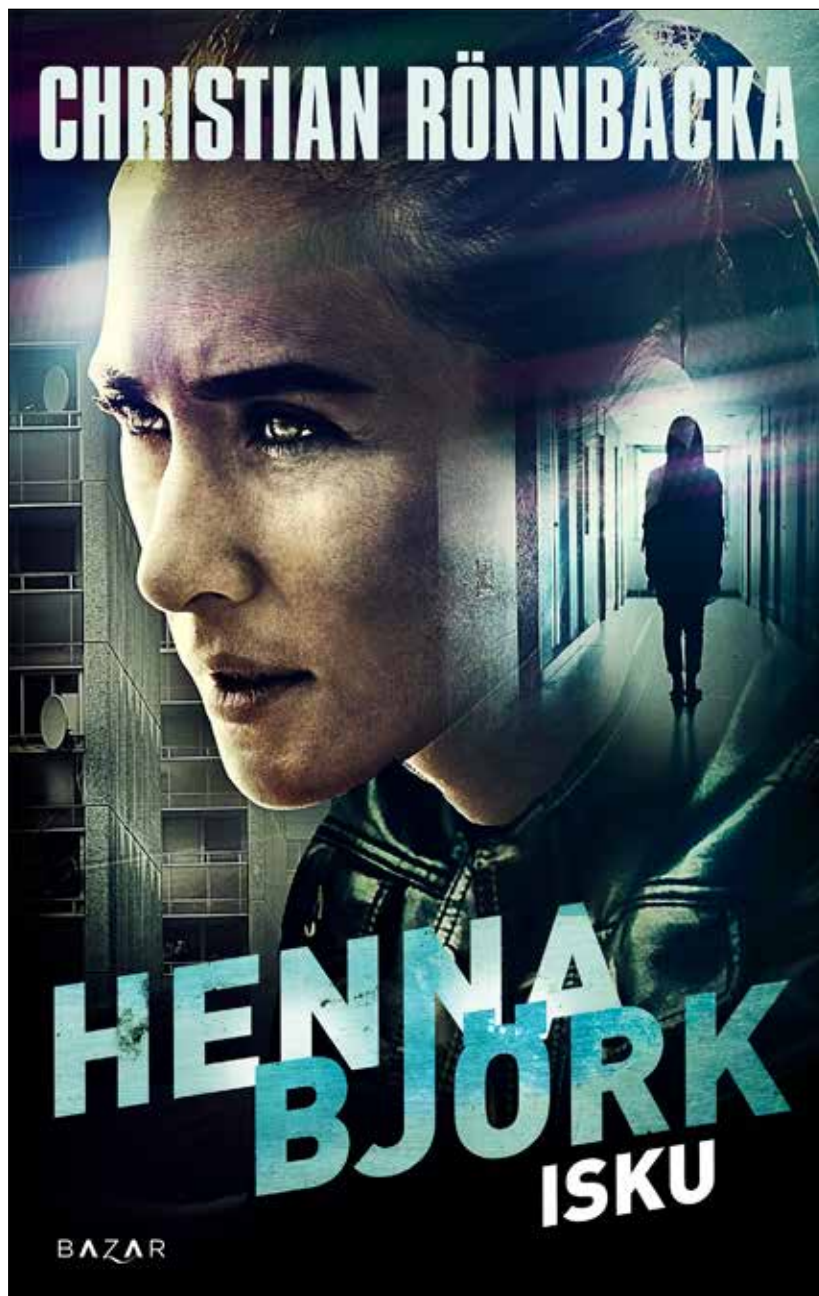


Like Me

Fiction & Nonfiction

“Will I like them and, more
importantly, will they like me?”

Emmi-Liia Sjöholm: *Like Me*



Christian Rönnebacka **Strike**

First in a new series of fast-paced crime thrillers from a bestselling master of the genre.

Abdul, Emmanuel, and Ismail were barely ten years old when they became child soldiers led by a ruthless commander called TwoJay in Sierra Leone. Twenty years later, Abdul is found killed in Finland, and the police pick up a message that Abdul sent as a warning to his comrades-in-arms living in Sweden after identifying TwoJay. The former commander is ready to silence them once and for all.

Jarmo Rautiainen, Chief Inspector of The Finnish Security and Intelligence Service, will have to go to Gothenburg in Sweden and recruit a young half Iraqi Finn, Henna Björk. She is an expert on gang violence and a hardened police officer known for her tenacity and no-nonsense attitude.

Henna Björk's easy-sounding task of bringing a former child soldier to Finland as a witness to genocide turns into a breathtaking escape through Sweden, with both criminals and police closing in on their heels.

**Best Finnish
crime author
2020 & 2021
(BookBeat)**

**More than
300 000 copies
of Christian
Rönnebacka's novels
sold in Finland**



Photo: Nauska

Christian Rönnebacka is an adventurer and former police. He has been selected by the audiobook service BookBeat as the best Finnish crime writer in both 2020 and 2021.

**Fiction &
Nonfiction**

Joona Keskitalo

The Disobedient

A highly addictive story of a ruthless climb to the top of the drug game.

In the recession-era Finland of the nineties, Pete, Max, Jesse and Jonas were known as The Company. They made pocket money by selling homemade pins and t-shirts, and, eventually, tobacco. After school they parted ways ...until twenty years later two of them meet by chance and their new business sees the light of day. They quickly realise that drug trafficking in Finland is astonishingly rudimentary. The quartet put all their marketing, branding, and logistics skills to use and find new ways to effectively promote, sell, and distribute drugs on the dark web. The Local Dealer Company is born. However, there are other dangers in the drug trade than the unpredictability of consumer behaviour – the Russian mafia, for example. It is a long climb to the top of the drug trade. Always watch your back and never forgive.

Pages: 381 | Rights sold: German | Original Language: Finnish | Materials available: English sample

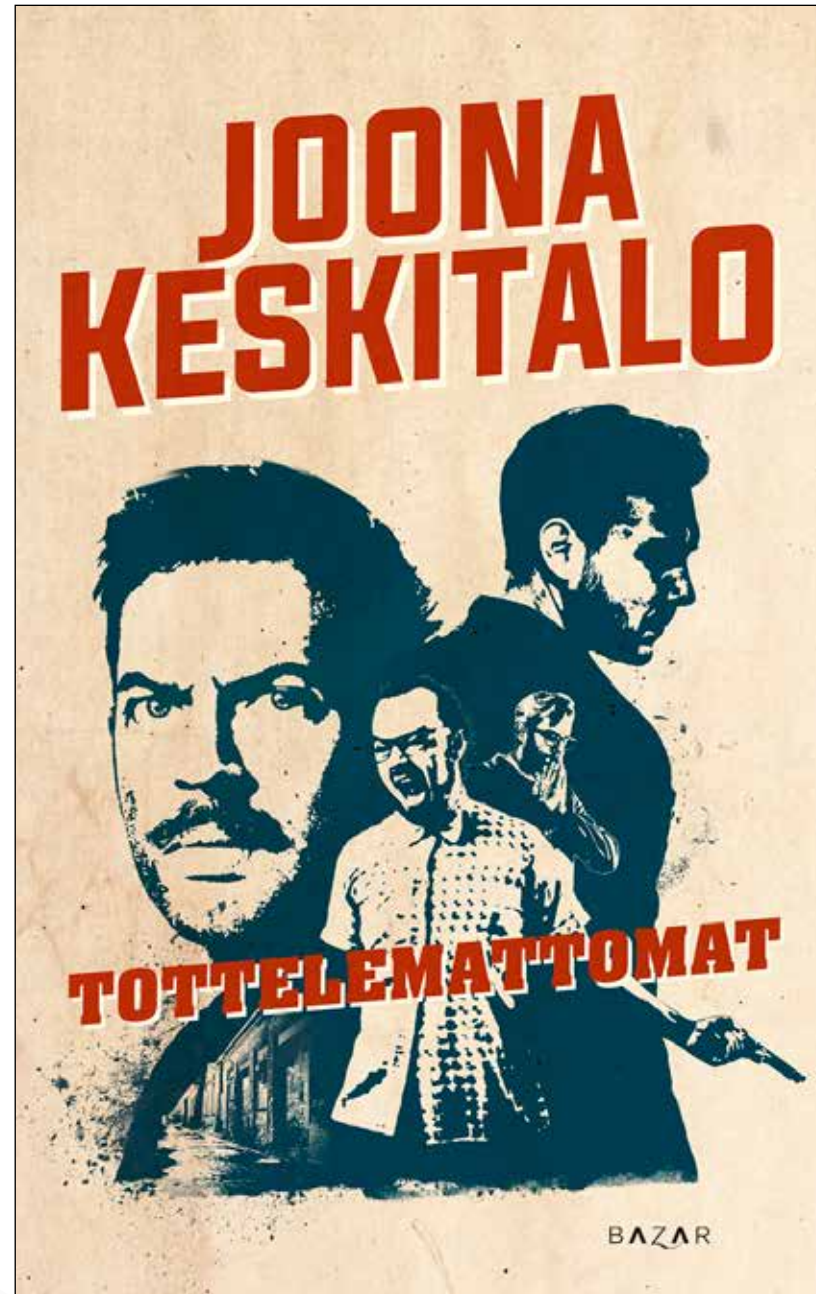
PETE: An impulsive marketing start-up entrepreneur

MAX: The owner of an ailing workwear company

JOONAS: A skilled but stand-offish lawyer

JESSE: A successful cybersecurity developer

BUSINESS IDEA: To commercialize drugs into trendy stimulants. “Ten grams of Handpicked Joy and Laughter by The Local Dealer Company.”



Fiction &
Nonfiction

Joona Keskitalo is a housebuilder by training but has worked as a cloakroom boy, steel fixer, warehouse associate, golf cart driver, sports manager, and, most recently, in event marketing. He lives in Espoo, Finland with his family and has traveled all around the world.

Photo: Uupi Tirronen



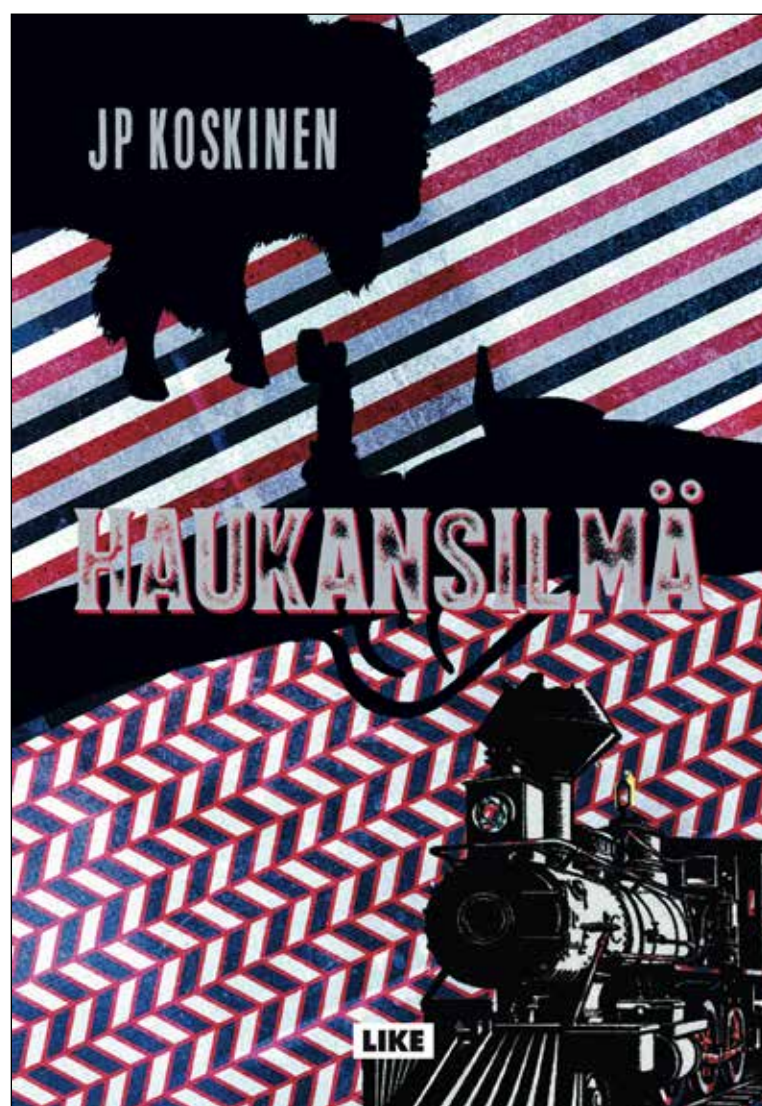
“

An excellent book.

Keskisuomalainen

JP Koskinen once again proves his storytelling skills.

Satakunnan kansa



JP Koskinen **Hawkeye**

***Dances With Wolves* meets *Blood Meridian* in an adventure story from the master of the historical novel.**

A family leaves Finland behind in the 1860s and sails across the seas to America in search of happiness. In a country divided by the Civil War, work is hard to find, and the family sets out to inhabit the great prairies of the West. The West is even wilder than they think, and soon the family's son George disappears into the night.

The novel takes the reader through an era in which the old way of life is slowly giving way to a new America. The story binds together the history of the settlers, the Indian Wars and the bustling life of the border regions.

Hawkeye is an immersive and entertaining adventure story. It describes the lives of new settlers and Indians, as well as the growth of a Finnish immigrant boy as an invincible warrior and pacifist. At the same time, it reveals how ruthlessly the indigenous habitats and nature were destroyed and how the greed of man had no limits.

Pages: | Original Language: Finnish

**Fiction &
Nonfiction**



Photo: Toni Härkönen

JP Koskinen is a versatile author who has written historical fiction, crime, and children's books. He has been short listed for the Finlandia Prize twice, for *Firewing* and for *My Friend Rasputin*. He holds master's degrees in creative writing and mathematics.

“

Myllymäki's psychological insights are sharp and her prose refreshing ... Quite possibly one of the best debuts of the year.

Helsingin Sanomat



Maisku Myllymäki

Holly

Holly is an impressive and atmospheric debut novel about two women trapped in a spiderweb of attention seeking, secrets, and shame.

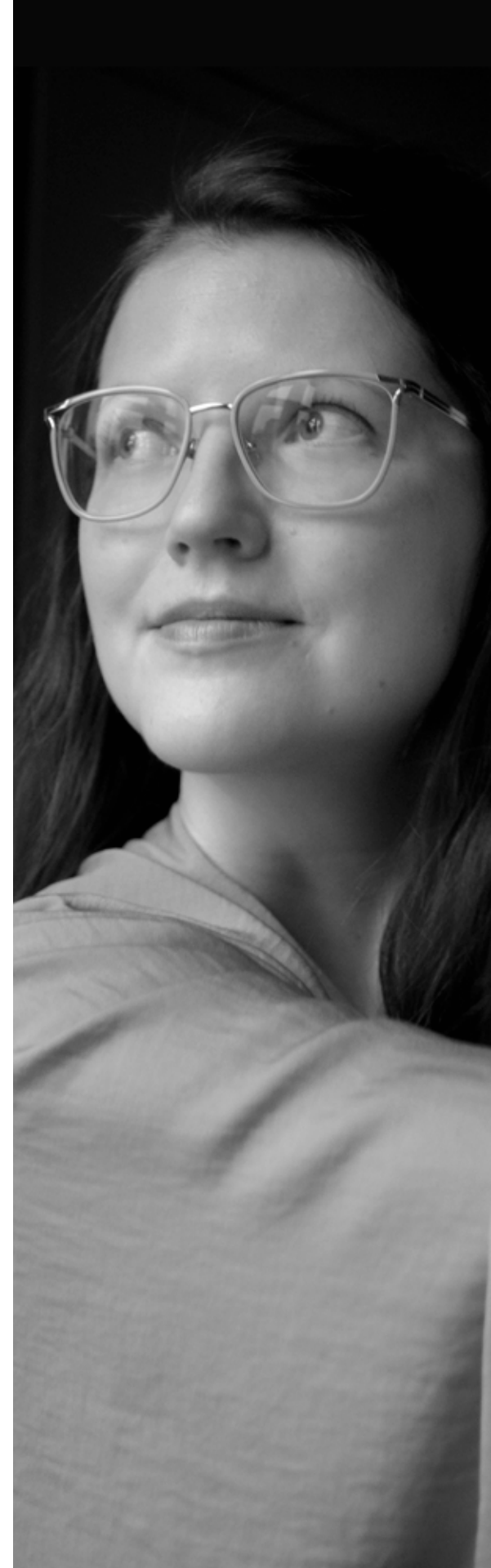
Eva, who works as a journalist for a nature magazine, arrives on an island in search of a rare bird. She doesn't know Holly, the woman who made the sighting. As she walks the island in search of the bird, focus gradually begins to turn on the two women and their relationship. Why does a renowned actor live on the island alone? And is Eva looking for something more than a bird on the island?

A week on the island with Holly will transform Eva's life forever.

Holly is a hypnotising and fervent novel about two very different women and a psychological suspense story about isolation.

Pages: 255 | Original Language: Finnish

Fiction & Nonfiction



Maisku Myllymäki (b. 1982, Alavus) graduated with a master's degree in Finnish. She is a librarian who ended up in Lahti and is passionate about literature, language and the transmission of reading experiences. She has studied writing at the Critical University, among other places. In addition to reading and writing, she enjoys running and bird watching — most preferably by the water.

Photo: Tomi Reunanen

“

What the Pines See is a remarkably beautiful testament to the importance of family ties, as well as the importance of memories and a person's right to their own story.

Helsingin Sanomat

One of the finest novels of the fall.

Etelä-Suomen Sanomat

A linguistic and narrative masterpiece that is perfectly relevant to this very moment.

Kansan uutiset



**Nominated
for
The Helsingin
Sanomat Prize 2020
for best debut
novel**

Anna Soudakova

What the Pines See

A strong debut novel about Stalin's atrocities and the importance of memories.

The novel, which tells about five generations, intertwines the persecution of Stalin, the childhood of Uzbekistan and the everyday life of immigrants.

In 1936, Yuri celebrates his fifth birthday in Leningrad without knowing that by the end of the summer, his world would fall apart. There is a knock on the door at night, and men in grey uniforms take his father away. Soon his mother is imprisoned as well. Yuri and his sister stay with their grandparents, but when the grandparents pass away the children are sent to an orphanage in distant Uzbekistan.

After the siege of Leningrad, the siblings stand at the door of their Leningrad home and learn that as children of enemies of the state they have no future in Soviet Union. The tenacious Yuri still struggles forward and has a family with whom he moves to Finland after the break-up of the Soviet Union. Immigrant life is full of ups and downs, but Yuri can never let go of his past. He has to find out what really happened to his parents. A search that will eventually take him to the mass graves of Sandarmokh.

Soudakova's magnificent and melancholic novel depicts the life of Yuri and his descendants from 1936 to the present day. The gloom of life under the Stalinist regime and the dull greyness of socialism are in complete conflict with its ideals. Soudakova's fine poetic language makes the contradiction feel even more severe. The cruelty of power, the fragility of humanity, and the thirst for life go hand in hand in an episodically progressive narrative. The pines of Sandarmokh see extreme horror but also almost touch the sky.

**Fiction &
Nonfiction**

Anna Soudakova (b.1983) is a language teacher of Finnish, French, and Russian. She was born in St. Petersburg to a family of artists and moved to Turku, Finland when she was eight. She now lives in Vantaa, Finland with her husband and two children.

Photo: Veikko Somerpuro

“

Emmi-Liia Sjöholm’s debut sucks the reader in and does not let go until the final word has been read.

Helsingin Sanomat

No #1
bestseller

Emmi-Liia Sjöholm— Like Me

*KOSMOS

Emmi-Liia Sjöholm **Like Me**

An unabashedly open and frank novel about growing into womanhood and becoming a mother. A dazzling autofictional debut.

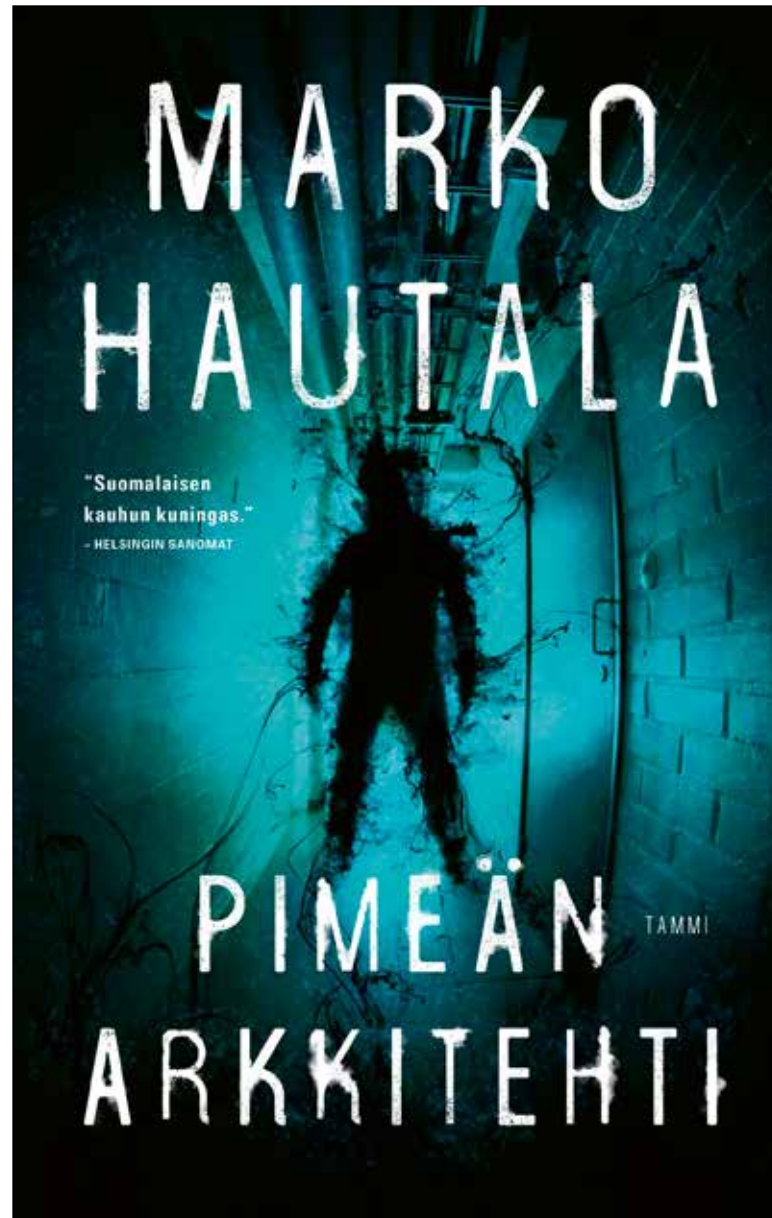
Emmi-Liia Sjöholm writes about her own life, including sex, the need to please others, and the struggle to assert one’s independence, with perfect clarity. The story resonates on several levels, and the book is a brutally honest description of real life where one’s past is always present: having an abortion at the age of fourteen, becoming a stepmother in her twenties, love, lust, having a child, searching for a woman’s place in the world, and eventually finding yourself. Candid yet firmly rooted on the ground, there is a lot to read between the lines. This is prose you feel and breathe rather than just read.

Pages: 187 | Genre: literary fiction | Materials available: English sample, Finnish edition | Original publisher: Kosmos | Original language: Finnish

**Fiction &
Nonfiction**

Photo: Meri Björn

Emmi-Liia Sjöholm is a freelance journalist who lives in Helsinki. *Like Me* is her debut novel, and she was offered a publishing deal immediately after submitting a few sample pages to the publisher.



Marko Hautala
The Dark Architect

A house is a machine to live in, even after death.

An un-putdown-able, eerie literary thriller of urban paranoia, where a block of flats—a prime example of the ideals of the Nordic welfare state—appears to be hiding terrible secrets. Secrets that should not be revealed...

A young man suffering from MDD, or maladaptive daydreaming, has traveled the world aimlessly for years using his family's money. Fed up, his father buys him a moderate flat in a small Nordic city and forces him to finish his studies. He wants his son to finally become a man, not a dreamer.

But when darkness falls, everything changes. An unexplained humming resonates in the walls, making sleep impossible. Other more mysterious sounds follow. It seems that throughout the night, someone is running up and down the dark stairway. While the culprit appears to be impossible to find, the echo of bare feet on the steps night after night is very real indeed.

When the young man starts to look into the history of his flat, strange tragedies seem to have plagued the past and, gradually, also the present of the building. Looking further back in time, the young man finds out that the first person to live in his flat is someone the old residents call the Architect, a mysterious patriarch who designed the whole building according to an ancient pattern as a machine to live in...even after death.

The Dark Architect is a literary horror novel which deals with the mistrust between generations, whose dreams and nightmares very seldom seem to meet. It is a fresh Nordic take on the most classic and enduring of Gothic tropes, the haunted house.

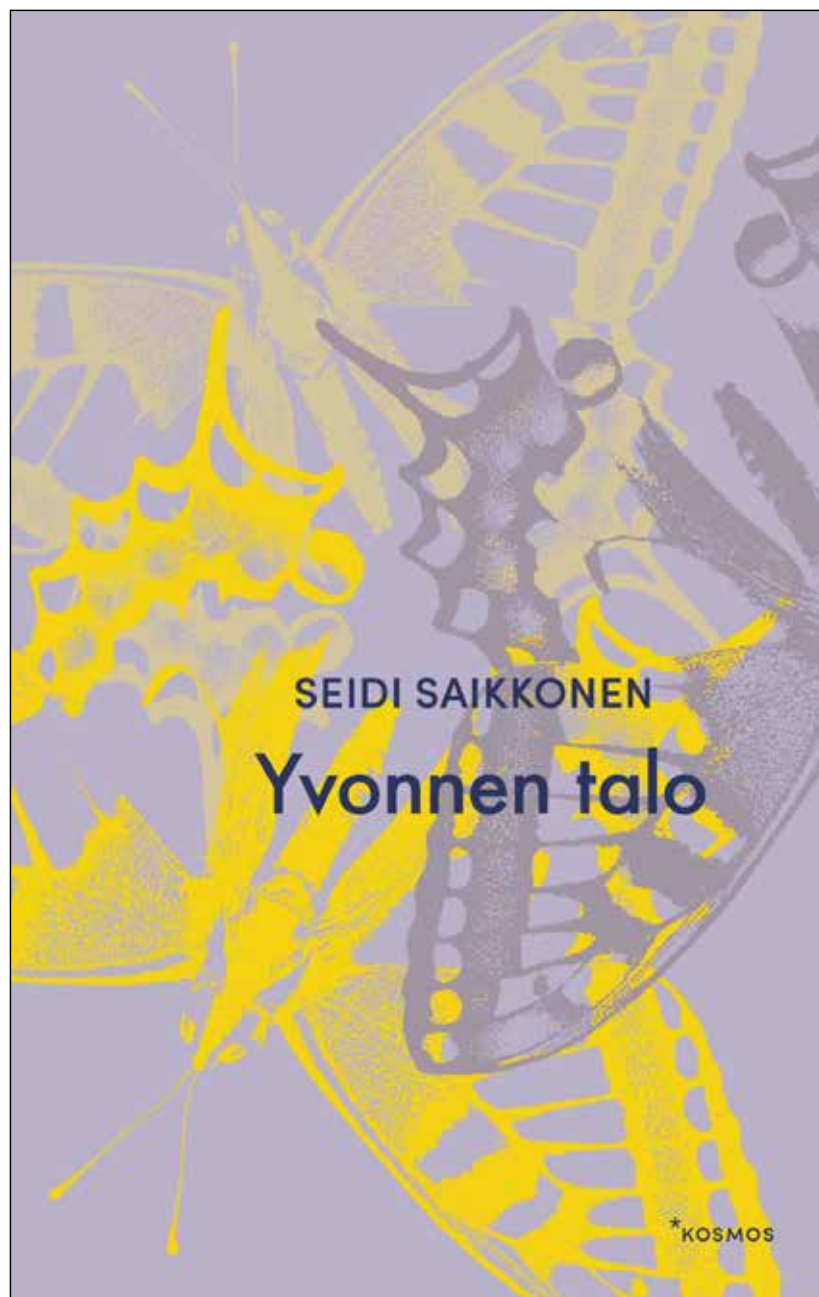
Pages: 335 | Rights sold: Czech



**Fiction &
Nonfiction**

Marko Hautala is a Finnish writer whose novels, audio books and short stories have been translated into several languages. His latest work to appear in English is the short story *Pale Toes* in *Valancourt Book of World Horror Stories* (Valancourt Books 2020). Hautala has won two literary awards in his home country. Two of his novels have been optioned for a film.

Photo: Veikko Somerpuro



Seidi Saikkonen

The House Where Yvonne Lived

One day, Anna gets a surprising phone call. Yvonne, a disabled woman for whom she had worked for years as a personal assistant in Switzerland, is dead. The funeral will be held soon, and Anna is on the guest list. Anna is shocked but not necessarily saddened by the news.

On the way to the funeral, Anna thinks back to the years spent with Yvonne. Who was Yvonne, actually, and what happened between them? Set in the peculiar atmosphere of a small alpine town where even the friendliest smile can hide terrible secrets, *The House where Yvonne Lived* is a psychological thriller that holds the reader firmly in its grip.

Pages: 189 | Genre: literary fiction, psychological suspense | Materials available: Finnish edition | Original publisher: Kosmos | Original language: Finnish

Fiction &
Nonfiction



Photo: Joanna Suomalainen

Seidi Saikkonen is a Finnish debut author who has lived abroad for many years and worked as a flight attendant and receptionist. She has studied film at Queen Mary University of London.

“

A book about a boy who dreams of getting wings takes the reader all the way from the Depression-era US to the Soviet Union, where a workers' paradise is being built. It grows into a tragic tale of power, persecution, and a world gone sick. The book combines fascinating topics into a captivating plotline.

Jury of the Finlandia Prize

Impossible to put down.

Gloria magazine

Fluent, vibrant prose.

Hämeen Sanomat

A full, emotionally rich bildungsroman

Lapin Kansa

A virtuoso storyteller ...
Amazing novel.

Etelä-Suomen Sanoma

Winner!
The Savonia Prize
The Book of the Year 2019
Nominated for
The Finlandia Prize
2019!

JP Koskinen **Firewing**

An expansive, emotionally rich *bildungsroman* and epic tale covering large parts of the 20th century, *Firewing* follows a group of immigrants in search of a paradise, and one boy whose biggest dream is to fly—no matter what it takes.

In an America ravaged by the Great Depression, a family with a Finnish background hears rumors of a workers' paradise being built in the Soviet Union. They leave everything behind and travel across the Atlantic in search of a better future. They arrive in Petrozavodsk on the shores of Lake Onega, but soon realize that life in Soviet Karelia is not a paradise but a struggle for survival. In the middle of it all is Charles, the only son, and his dreams of freedom and flying that offer the only escape from the harsh realities and the circle of deception around him.

Firewing is an immigrant coming-of-age story about trying to find a way through the turmoil of the early 20th century. It is a sublime and profound novel about a boy who only wants to fly.

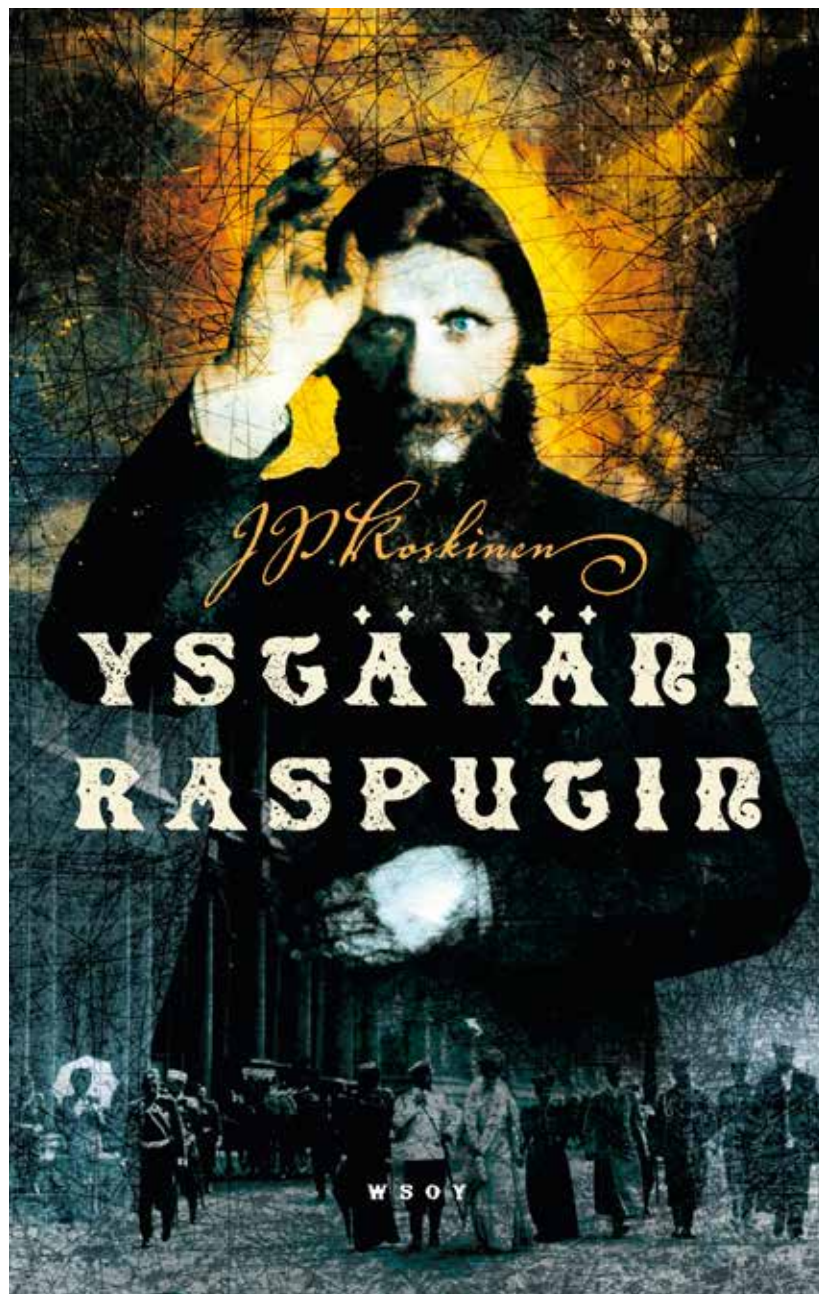
Pages: 350 | Genre: Historical fiction | Materials available: English reading sample, Finnish edition |
Original publisher: Like Publishers | Original language: Finnish | Rights sold: Czech



**Fiction &
Nonfiction**

JP Koskinen is a versatile author who has written historical fiction, crime, and children's books. He has been short listed for the Finlandia Prize twice, for *Firewing* and for *My Friend Rasputin*. He holds master's degrees in creative writing and mathematics.

Photo: Toni Härkönen



JP Koskinen

My Friend Rasputin

Vasily is orphaned at a young age and taken on as an apprentice by a fierce-eyed pilgrim on his way to Jerusalem. Grigori Jefimovit Rasputin is a mystic who is causing quite a stir among the nobility of St. Petersburg, Russia. With the help of Rasputin, Vasili follows the last, tragic years of the family of Tsar Nicholas II. With Rasputin entangled in superpower politics, nothing is clear, not even the border between life and death.

Prophet, healer, mystic—as well as a political player and lecher, Grigori Rasputin was all that and much more. Told from the point of view of a young boy, *My Friend Rasputin* paints an intense portrait of the atmosphere and events in the St. Petersburg court on the eve of the Russian Revolution. The novel was short listed for the Finlandia Prize.

Pages: 356

Fiction &
Nonfiction



Photo: Toni Härkönen

JP Koskinen is a versatile author who has written historical fiction, crime, and children's books. He has been short listed for the Finlandia Prize twice, for *Firewing* and for *My Friend Rasputin*. He holds master's degrees in creative writing and mathematics.

“

A good book takes you in and causes you to lose track of time and reality. *The Huntress* was that kind of experience.

Nelliina Blog on the *Kodin Kuvalehti* magazine site

The women in Valkama's books are such delicious characters; strong and versatile.

The YA Diaries blog

Just as romantic as I wanted it to be, without being frothy.

Evaria's Book Shelf blog

**Outlander
meet Vikings**

Materials available:

Book 1: *The Rune Singer* (English reading sample, Finnish edition)

Book 2: *The Huntress* (English synopsis, Finnish edition)

Book 3: *The Wanderer* (Synopsis, Finnish edition)

Genre: Romantic adventure, Historical | Original language: Finnish | Original publisher: Otava Publishing

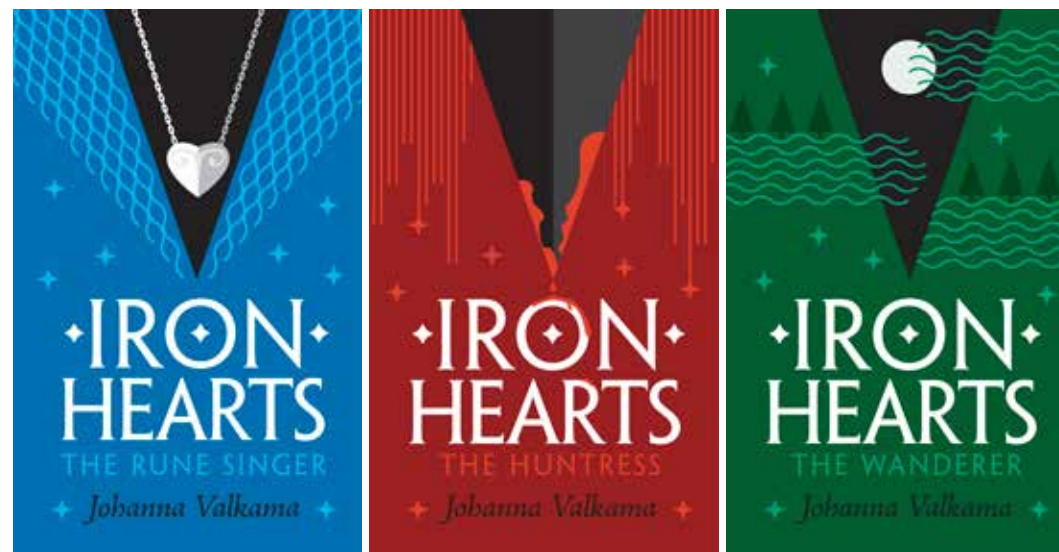
Johanna Valkama

Iron Hearts

The rich, multilayered world surrounding a small Nordic village during the Iron Age is brought to life through Auri, a young woman who dreams of being the greatest healer ever known.

Auri is a restless young woman who is not satisfied with traditional roles for women in her community. To realize her dream to become a great healer, she must face the prejudices of her small Nordic village, which forbids healers from marrying. Everything is put to the test when Auri starts to fall for Haakon, the young Viking warrior who mysteriously washed up on shore. Haakon claims he's a peaceful merchant, but can he really be trusted? The impending Viking war casts Auri on a surprising path, as she becomes ready to take her destiny into her own hands.

Taking inspiration from actual Iron Age legends, *Iron Hearts* is an adventure trilogy with an exotic history, natural beliefs, myths, and mysteries.



**Fiction &
Nonfiction**

Johanna Valkama uses her knowledge of legends from the Iron Age to bring a mythical age back to life. Some of the characters in the saga are based on real figures from the Viking age. Valkama lives in Nokia, Finland.

johannavalkama.com

Photo: Janica Lönn / STORMarts 2017



“

The Girl Without a Name mixes current questions with imaginary fantasy to make a fascinating debut.

Turun Sanomat newspaper

Both magical and plausible; it's hard to wait for the follow-up in this interesting trilogy.

Savon Sanomat newspaper

A strong storyworld, this book has a special something to it that made me completely sink into its world. 5 stars.

Oksan hyllytä blog

Perfect for fans
of *Westworld*
and *Game of Thrones*

Materials available:

Book 1: *The Girl Without a Name* (English reading sample, Finnish edition)

Book 2: *The Seer of Selesia* (Synopsis, Finnish edition)

Book 3: *The Daughter of Nefr* (Synopsis, Finnish Edition)

Genre: Fantasy, steampunk | Original publisher: Gummerus Publishers | Original language: Finnish

Erika Vik Twin Suns

When Aleia, a mystical girl with no memories, shows up on Corildon's doorstep, they are thrown together to fight the unknown forces that are threatening to destroy their worlds.

In a divided world, weird forces are on the rise. The girl has to remember. The Selesian just wants to forget.

One winter night, a mystical girl who has lost her memory arrives at the isolated home of Corildon. Corildon is a Selesian, part of a gifted but persecuted species. He knows that the powers of the world are shifting, but how can this girl, who calls herself Aleia, sense it too? Is she something more than human? And why has she come to seek Corildon? The unexpected meeting leads the two on an unforgettable journey in search of answers and justice.

A fascinating trilogy mixing fantasy, steampunk, and western elements while exploring contemporary themes like equality and fear of the unknown.



Fiction &
Nonfiction

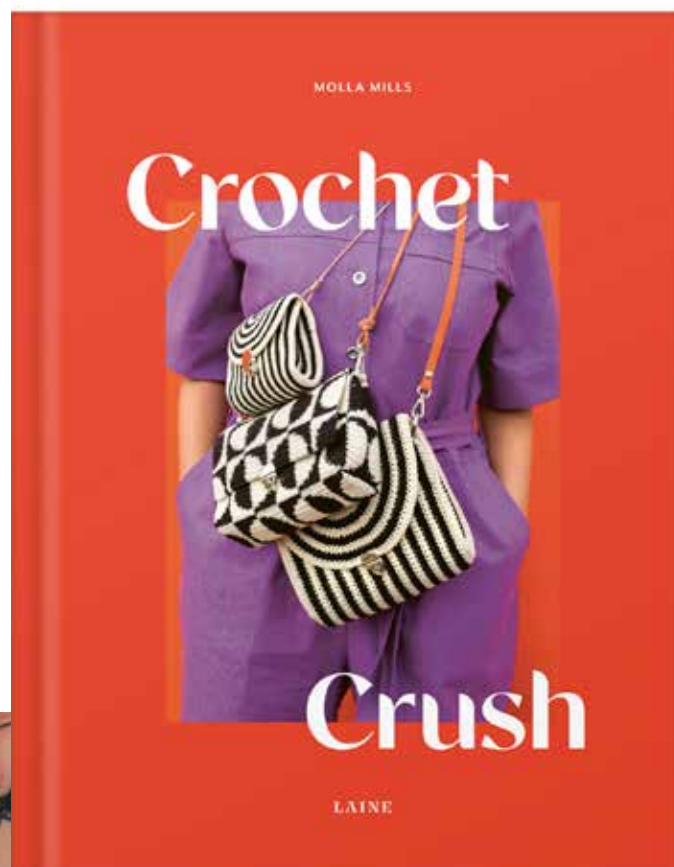


Photo: Liisa Valonen

With a background in illustration and graphic design, the Finnish author **Erika Vik** has created a rich visual world to support her novels online.

www.seleesia.com

Fiction & Nonfiction



Molla Mills Crochet Crush

Timeless fashion and modern practicality are the starting points for Molla Mills' Crochet Crush. The 23 crochet patterns include both home decor and accessories, making everyday aesthetics accessible to everyone. The designs have been inspired by the colours of flowers, the moods of past summers, as well as Brooklyn's neighbourhoods.

Crochet's compact and sturdy fabric is best suited for wear-intensive things such as carpets and bags. This book is a collection, so you can combine patterns and vary the colours to your liking.

Instead of ready-to-buy, Molla encourages her readers to make their own pieces with quality materials and enjoy the slow process. The mind calms down as soon as the first chain loop is crocheted.



94

Linja shopper

SIZE Brown: 32 cm (when folded in shape),
h: 58 cm (including the handles)
YARN Linja cotton twine, 18-ply, by
Suomen Lanka (100% cotton,
500 g roll = 840 m, Tex 50 x 18),
natural white 350 g, Molla cotton twine,
18-ply, by Suomen Lanka, brown 350 g,
HOOK 2.25 mm
GAUGE 12 dc x 6 rows = 5 x 5 cm

INFO

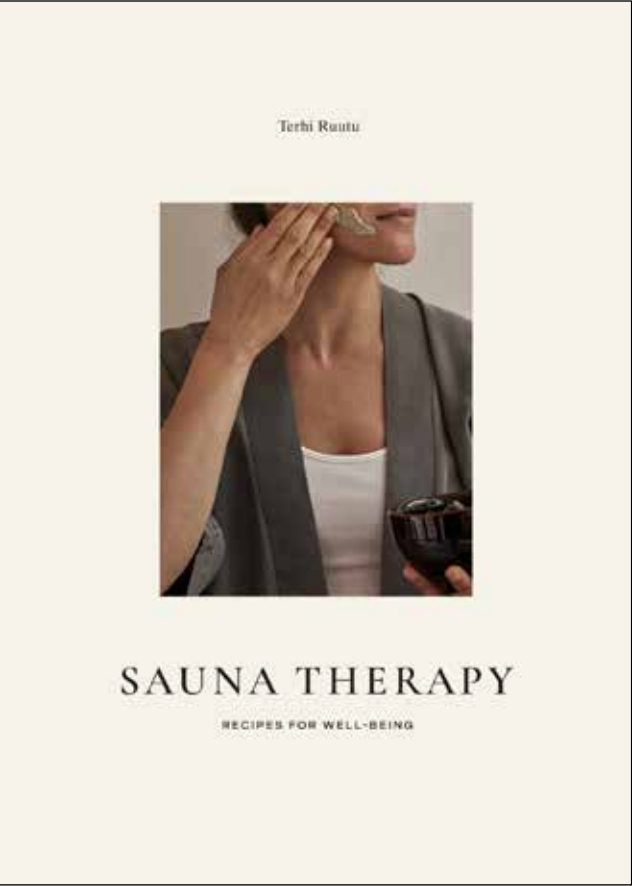
The shopper is worked back and forth in double crochet
stitches, carrying the other yarn inside the stitches
throughout the work. Make sure not to pull the carry-on
yarn too tight, keep it loose. Leave the carry-on yarn one
stitch from the end of each row to make sure the yarn
loops will not show on the right side of the work. Change
the color of the yarn in the last yarn over of the stitch.
Work two similar pieces and sew them together.

ABBREVIATIONS

ch = chain stitch
st = stitch
sc = single crochet
dc = double crochet
yoh = yarn over hook
sl st = slip stitch



Molla Mills (born 1979) is an internationally known Finnish designer who learned how to crochet from her mother as a little girl in Kurikka, Finland. She has studied fashion, marketing and art and has written several crochet books that have been published for instance in Brazil and in South Korea. Molla also designs pattern collections for different yarn brands and travels around the world teaching crochet workshops.



Terhi Ruutu Sauna Therapy

Why is Finland the happiest country in the world? Is it because there are an estimated two million saunas in Finland? Perhaps, as saunas can help you relax and relieve stress. Add some caring wraps and relaxing ingredients to your sauna moment and step out as a new person! The possibilities of sauna treatments to increase well-being are almost limitless. This book provides detailed instructions on how to enjoy and take advantage of the beneficial healing properties of a sauna.

This book’s fresh perspective combines traditional knowledge with modern aesthetics. It focuses on the unique health benefits of Finnish sauna culture and revives the ancient tradition of treatments. Detailed instructions inspire the reader to try out the different baths, wraps, and herbal treatments using a variety of pure ingredients. With *Sauna Therapy*, enjoying a sauna becomes part of your overall well-being.

Size: 170 x 240 mm | Pages: 216

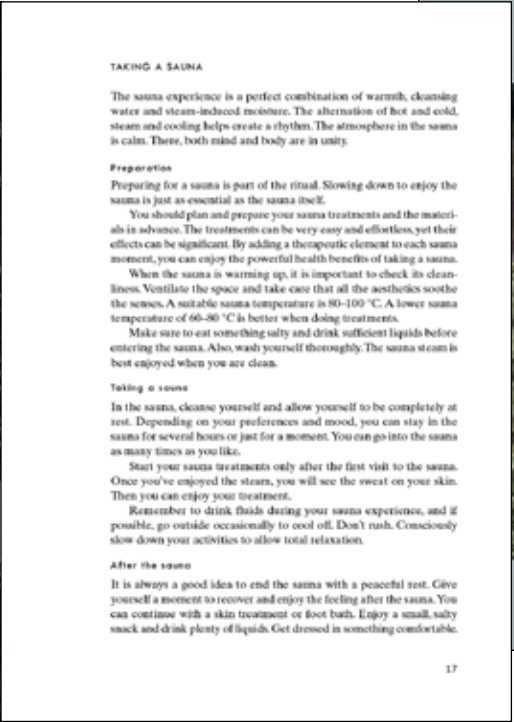


Photo: Mirkku Merimaa

Fiction & Nonfiction

Terhi Ruutu is a Helsinki-based sauna therapist, founder of Terhen Helsinki. Both her own brand, Terhen Helsinki, and the book *Sauna Therapy – recipes for well-being*, were born out of Terhi’s desire to keep the unique Finnish sauna tradition alive.



52 Weeks of Socks is a unique look into modern, international sock knitting.

[illegible]

**Fiction &
Nonfiction**

International
from a new
publisher with
100+ followers
on Instagram!

L A I N E

“

So I invite you to join us, this small band of traveling friends, sharing a little glimpse of the isle from my outsider’s perspective. I offer you a small collection in my own style of Fair Isle knitting, which I hope honors the tradition, even though my work isn’t especially traditional.

Mary Jane Mucklestone



Mary Jane Mucklestone **Fair Isle Weekend**

Fair Isle Weekend takes you on an exciting trip to Fair Isle, a windswept island in Shetland, famous for its traditional colourwork knitting. During her many trips to Fair Isle, Mary Jane has been fascinated and inspired by the island’s rich textile traditions, learning about Fair Isle knitting by looking at old textiles and sharing stories and knowledge around a cup of tea. Now, she has created a gorgeous collection of designs which she would take with her for a weekend trip to Shetland when a carry-on bag is all you take with you.

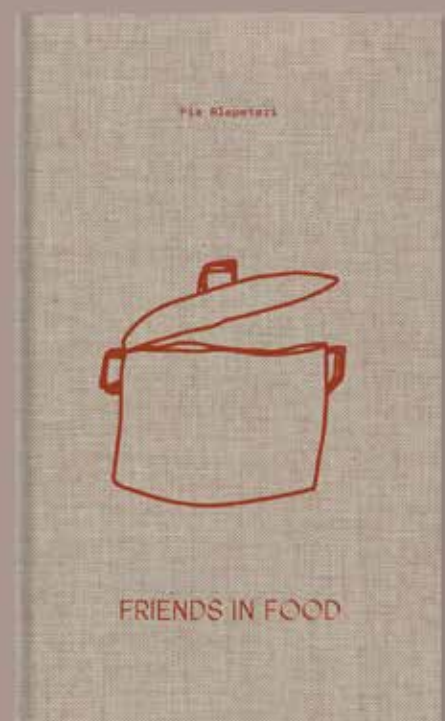
Size: 190 x 225 mm | Pages: 104 | Rights sold:

**Fiction &
Nonfiction**



Mary Jane Mucklestone is a knitwear designer, teacher and author who has specialized in Fair Isle knitting, also called stranded knitting. Her work has been featured in publications like Vogue Knitting, Interweave Knits and various books. Mary Jane has a varied background in art and textiles earning a BFA in Printmaking from Pratt Institute, studying fashion at Parsons School of Design and Textiles and Historic Costume at the University of Washington. With her friend Gudrun Jonston, they host popular once in a lifetime trips to Shetland. Fair Isle Weekend will be her fifth book.

MaryJaneMucklestone.com



Pia Alapeteri

Friends in Food

Friends in Food is a fillable book for everyone who sometimes eats together with family and friends. Gradually, a lovely database for dinners, birthday parties, cottage weekends and everyday meals grows in between the covers, listing friends’ diets and allergies, favourite foods and ingredients they cannot stand. No more guessing how many guests drink tea, who loves coriander, which plant milk anyone’s coffee needs, or who loves gin & tonic – all of this with a twinkle in the eye.

Beautifully photographed and illustrated, the book also consists of short and encouraging true stories of eating together, delicious recipes to share with loved ones, and tips that make it easier to gather around a common table.

Size: 110 x 178 mm | Pages: 160 | Rights sold:

Name

How I know the owner of this book

WHAT I EAT

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

Something else?

ALLERGIES

COFFEE OR TEA?

TEA please

☐ green

☐ black

☐ rooibos

☐ infusion

☐ something else?

☐ honey

☐ sugar

☐ lemon

☐ milk

☐ as is

COFFEE please

☐ milk

☐ sugar

☐ cream

☐ black

☐ cow milk

☐ oat milk

☐ soy milk

☐ almond milk

☐ something else?

MY FAVOURITE...

food when I was a child?

drink?

fruit?

berry?

spice?

cheese?

herb?

porridge?

ice cream?

dessert?

sweets?

crisps?

ready-made meal?

beer?

cocktail?

smell in the kitchen?

I LIKE MY EGGS

☐ boiled

min

☐ fried

☐ omelette

☐ scrambled

☐ poached

☐ none for me, thanks

MY WEEKDAY BREAKFAST

MY WEEKEND BREAKFAST

WHAT I CHOOSE AT A HOTEL BREAKFAST BUFFET

WHAT I PUT ON MY BREAD

☐ I don't eat bread



GRANNY FRIEND’S CRISP APPLE PIE

That first bite of a deliciously red autumn apple tickles your taste buds. The acidic apples are used for jams and juices, but nothing beats the first apple pie of the season. This one is made with the go-to recipe of my 93-year-old granny friend. Take a slice to your lonely neighbour or invite your friends to a garden party. Make a pot of coffee or serve with a cup of tea. The recipe makes one sheet.

400 g / 2 ½ cups all-purpose flour
2 tbsp granulated sugar
pinch of fine sea salt
200 g / 1 ½ sticks butter
25 g / 0.9 oz fresh yeast
OR 11 g / 1 tbsp instant dry yeast
200 ml / ¾ cup cold milk
1 egg
cinnamon and granulated sugar
500 g / 1.1 lb apples

Line a baking sheet with parchment paper. Set the oven to 220°C / 425°F. Core the apples and cut into wedges. Lightly beat the egg. In a bowl, mix together the flour, sugar and salt. Rub in the butter. In another bowl, dissolve the fresh yeast in the milk. If you use instant dry yeast, see packet instructions for use. Add the milk mixture and egg to the dough. Mix. It is okay if the dough feels sticky. Using your fingers, spread the dough about 0.5 cm / 0.2" thick onto the baking sheet. Arrange the apple wedges side by side onto the dough. Sprinkle with some cinnamon and sugar. With a fork, carefully fold the dough sides onto the apples. Bake on the middle rack for about 25 minutes.



Fiction & Nonfiction

Pia Alapeteri is a food influencer, storyteller and entrepreneur from Helsinki, Finland. She writes medium dry stories about food, wine and a little bit about love, too. Family and friends, food, a sustainable lifestyle and the unique Finnish nature are at the top of her priority list.

CupOfTherapy

Antti Ervasti
Matti Pikkujämsä



An inter-
national hit!

CupOfTherapy

Together
through the hours



Antti Ervasti
& Matti Pikkujämsä

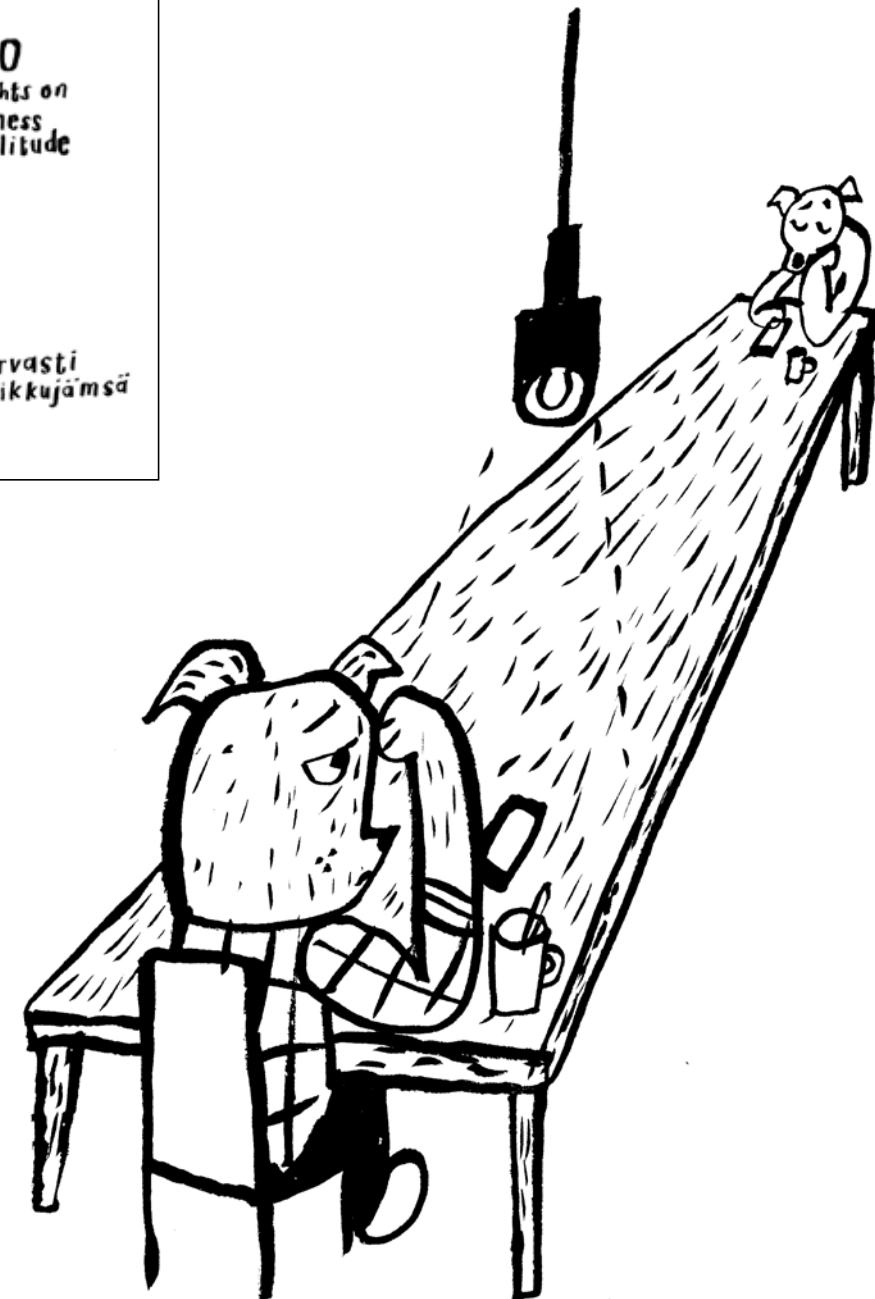
CupOfTherapy™ Moments by myself

100
thoughts on
loneliness
and solitude



Antti Ervasti
& Matti Pikkujämsä

Together
but so
alone.



Fiction & Nonfiction

-Let's do something about
trauma.



-Don't shake the table.

CupOfTherapy

How about a cup of empathy, understanding, and encouragement served by a group of adorable animals? *CupOfTherapy* is a book series with a big message: it's normal to face problems, and you're fine just the way you are.

Combining heartwarming illustrations with thoughtful text that deals with mental well-being, *CupOfTherapy* books tackle heavy topics in a novel and accessible way.

The book series was created when psychotherapy professional Antti Ervasti joined forces with the award-winning artist and graphic designer Matti Pikkujämsä. The stories behind the pictures are inspired by real-life experiences. The creators also meet up with their audience to raise awareness of mental well-being in an approachable way.

Any of these books is the perfect gift to friends in need of a hug—and that includes you!

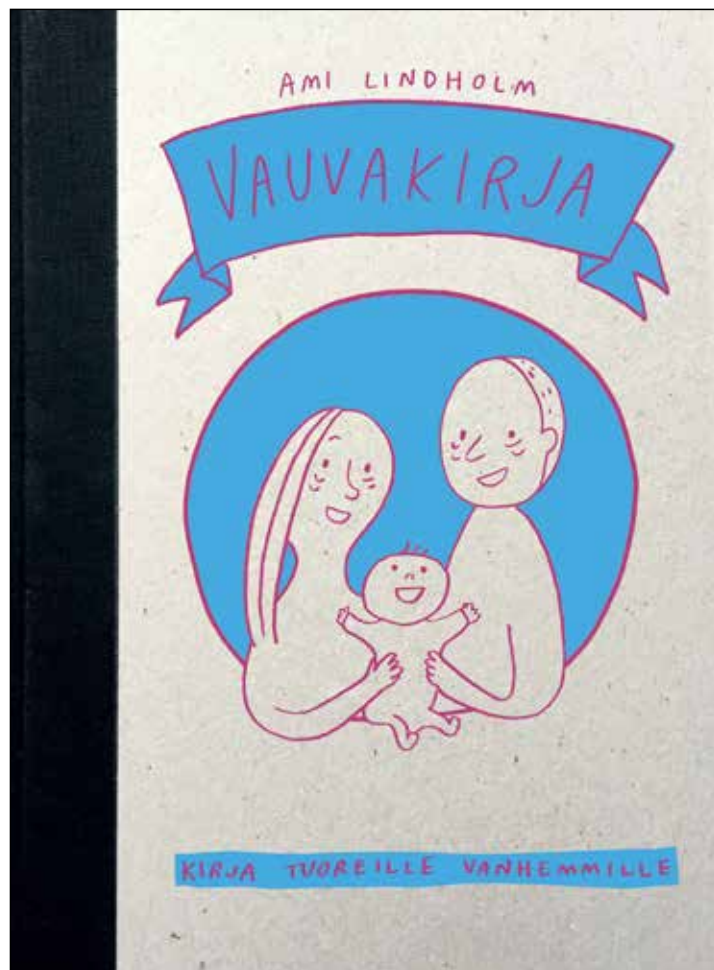
Size: 140 x 160 mm | Pages: ca. 200 | Colors: b/w | Rights sold: Germany, Italy, Japan, Korea, Taiwan, Hong Kong, China, Finland, Malaysia, Singapore, Poland, Greece, Portugal, UK, Czech

Matti Pikkujämsä is one of Finland's most recognized illustrators and graphic designers, whose art has been published both in books and magazines, and in design stores.

Antti Ervasti is a psychotherapist based in Finland, and specializing in couples' and family therapy.

[Instagram.com/
cupoftherapy](https://www.instagram.com/cupoftherapy)

cupoftherapy.net



Ami Lindholm **Baby Life**

Babies will change your life—for better and for worse. What's needed to survive the challenges of the first year is a healthy dose of humor and peer support. Both can be found in the hilarious and recognizable *Baby Life*, a gift book that even the very tired parents will want to read.

When a baby is born to a new family, the parents will experience unconditional love—and sleepless nights and the feeling of losing your old life. In *Baby Life*, Ami Lindholm illustrates the most wonderful and most horrendous moments of the year you'll never forget. Together with hilarious and thoughtful comic-like text about parenting and family life, the humorous pictures form a selection of moments that all families will recognize. From describing the relationship of the parents in an honest way to illustrating moments when relatives offer unwanted advice, this book is full of relatable moments for all parents!

Pages: 60 | Genre: Humor, Parenting | Materials available: English sample, Finnish edition | Original publisher: Kosmos Publishers | Original language: Finnish

Need a little peer support for your life as a new parent? The *Baby Life* book will help!



Fiction & Nonfiction

Ami Lindholm (b. 1982) is an animator, director, scriptwriter, and illustrator who loves to send hope and encouragement to the world through her work. Her animated short film, *Mother and Milk*, describes the early days of parenting in a joyous and honest way.

“

I was missing a story that offers more than anxiety or sacrifice. I feel change is probably what scares us the most, not the end result.

Emilia Arvidsson in an interview on SVT, Sweden's Public Broadcaster



Emilia Arvidsson **Climate Joy** Eight Positive Ways Toward a More Conscious Life

Not many people question climate change anymore, but how do you learn to live in a changing world without losing everything you've gotten used to in life? Swedish writer Emilia Arvidsson has all the answers you'll need to start living life full of Climate Joy!

After writer and consultant Emilia Arvidsson observed more and more people starting to talk about climate anxiety, she felt there needed to be another perspective when talking about life during climate change. The world might be changing, but we don't only have to feel miserable about the new realities we face. How could the new items on your shopping list start making sense and bring you joy, for instance, and how does it feel to remove meat from your diet if you love eating it? *Climate Joy* is based on extensive discussions with experts and deep personal understanding of the global crisis we're facing. Arvidsson writes about her personal experiences as someone whose life went through a drastic change. The eight comprehensive chapters tackle all the main sectors of life from food and transportation to energy—and the end result reads like the ABCs of the new lifestyle that's ahead of all of us.

Climate Joy is full of motivation, knowledge, and inspiration. We all need to change: Here's how to do it and find happiness and satisfaction in the process.

Pages: 300 | Genre: Narrative nonfiction | Materials available: English sample, Swedish edition | Original publisher: Mima Förlag | Original language: Swedish

**Fiction &
Nonfiction**

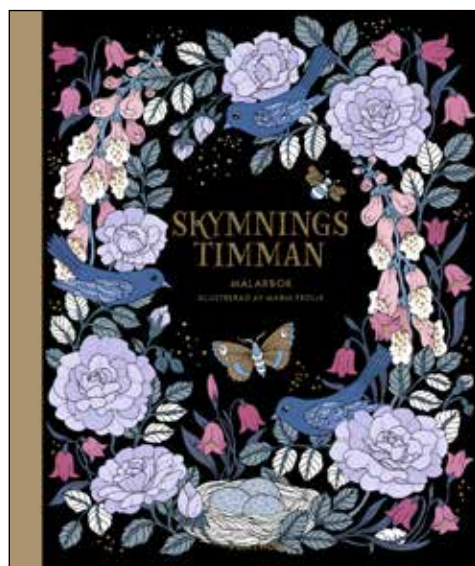
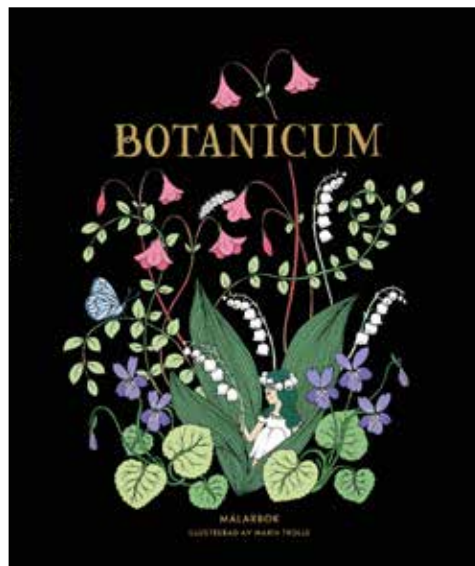
**The
Scandinavian
way of life during
climate change.**

Emilia Arvidsson has a degree in marketing and business administration. In 2016, she started on a path towards a more sustainable life with a shopping-free year. Her passion is to inspire people to change for the climate, and still maintain a high standard of life, and she always tries to advocate humor and joy in her writing. Emilia lives in Stockholm, Sweden. *Climate Joy* is her first book.

www.enemilia.se

[Twitter.com/enemilia_se](https://twitter.com/enemilia_se)

Photo: Asia Pietrzyk



I Bring You Flowers

A collection of postcards you can color yourself!



Maria Trolle Coloring Books

Luna

Flora

Botanicum

Twilight Garden

Nightfall

Dive into the wonderful world of the Swedish artist Maria Trolle in this selection of adult coloring books full of natural wonders and dream-like landscapes!

Maria Trolle's books and her unique style have gained her a wide international fan following. In her coloring books, the audience is invited on a journey through fairy-tale-like lands and deep forests. From peacock feathers and lily of the valley, to autumn leaves and lavish flowers, the books are a continuous source of wonder and beauty. With her style that draws inspiration from Scandinavian landscapes and classical children's stories, Maria Trolle has the ability to sooth your mind and offer enchantment amidst hectic modern life.

Size: 213 x 251 mm | Pages: ca. 100 | Genre: Adult coloring books |
Materials available: Full editions | Original publisher: Pagina Förlags, Sweden | Rights sold: World English, Dutch, Russian, Japanese, Norwegian, Finnish

Vivi Wants to Find a Friend

A coloring book for children!
Includes a wonderful story.

**Fiction &
Nonfiction**

**100 000+ copies
sold in Sweden,
50 000+ in the US
and the UK!**

Maria Trolle is an artist whose coloring books have sold hundreds of thousands of copies internationally and keeps finding new fans. She's also the illustrator of several picture books. She lives and works outside of Stockholm, Sweden.

[instagram.com/maria_trolle](https://www.instagram.com/maria_trolle)

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